



Brighton T'ai Chi Club

Fall Classes

Yang Style T'ai Chi and Qi Gong

Monday Mornings 9-10:30 am

or

Monday Evenings 5:30-6:45 pm

St Paul's Anglican Church Hall

48 Sanford St Brighton

Commencing September 3rd

For more information call 613-475-8873

email: lesimla@sympatico.ca